



**DESTINATION
LEADERSHIP**

EXPEDITION COACHING[®] PROGRAM



**EXPEDITION
COACHING[®]
PROGRAM**

**COACHING
SKILLS
TRAINING**

**EXPEDITION
COACHING[®]
PROGRAM**

**FACILITATOR
CERTIFICATION
TRAINING**

**EXPEDITION
COACHING[®]
PROGRAM**

**NEW! CERTIFIED
COACH
TRAINING**

DEVELOP A COACHING MINDSET

The program enhances the communication, coaching and change leadership skills with people at all levels and equips them to take the coach-approach in the workplace.

IN-PERSON TRAINING (2 days)

NEW! WEBINAR OPTION (8 Modules)

- Module 1: The Coaching Role
- Module 2: The GUIDE Coaching Model
- Module 3: Intentional Listening
- Module 4: Intentional Questioning
- Module 5: Coaching through Change
- Module 6: Coach-Approach to Feedback
- Module 7: The DIRECT Feedback Model
- Module 8: Coaching in the Workplace

Target Audience:

Leaders, Executive, Managers, Supervisors, HR Professionals, Change Agents, Team Leaders, Team Members, Teachers

Anyone at any level will benefit!!



**Earn Continuing
Education Hours**

BECOME A CERTIFIED FACILITATOR

The program certifies participants as Certified Facilitators in the Coaching Skills Development Program and equips them to facilitate the program in their own workplace.

IN-PERSON TRAINING (4 days)

NEW! WEBINAR OPTION (16 Modules)

- Attend the SKILLS TRAINING (In-Person or Webinar) and:
- Module 9: Coaching Role Facilitation
 - Module 10: GUIDE Coaching Model Facilitation
 - Module 11: Intentional Listening Facilitation
 - Module 12: Intentional Questioning Facilitation
 - Module 13: Coaching through Change Facilitation
 - Module 14: Coach-Approach to Feedback Facilitation
 - Module 15: DIRECT Feedback Model Facilitation
 - Module 16: Coaching in the Workplace Facilitation

Target Audience:

Trainers, Coaches, Consultants, HR Professionals, Change Agents, Leaders at all Levels

Anyone who wants to develop a coaching culture!!



**Earn Continuing
Education Hours**

BECOME A CERTIFIED COACH

The program certifies participants as Certified Coaches as per the core competencies defined by the International Coach Federation (ICF) and provides participants 60 hours of coach training.

IN-PERSON TRAINING (5 days) FIVE (2-hour) WEBINAR MODULES (10 hours) MENTOR COACHING (10 hours)

The program is a blended learning approach and integrates 5 days of In-Person Training, followed by five 2-hour webinars modules, a team project and 10 hours of Mentor Coaching by a Professional Certified Coach (PCC).

The program incorporates the EXPEDITION Coaching Program methodology, content, models and concepts and is aligned with the International Coach Federation (ICF) Core Competencies.

Target Audience:

HR Professionals, Consultants, Change Agents, Trainers, Leaders

**Anyone who wants to develop as an Internal or External Coach!!
Earn Continuing Education Hours**